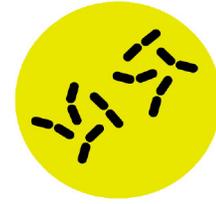


Stay
Healthy
Naturally



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What Is Yeast?

Yeast is a fungus of which there are many kinds. One type is used to make bread, another to brew beer. But the one called *Candida* lives inside your body in places such as the gut, throat, mouth, and vagina. It can even appear on the skin. However, if it grows out of control, an infection can develop and can strike your skin, feet, mouth, penis, or vagina. If your immune system is weak, you may be more likely to get an infection from overgrowth of yeast.

Problems From Too Much Yeast?

A little yeast in your body is good, but too much can cause infections. Out of the 20 *Candida* species, *Candida albicans* is the most common strain and most often to blame for health problems. If the yeast gets out of balance, you might get candidiasis, or a yeast infection. If you take antibiotics too often or use oral birth control, your body might start to grow too much yeast. This often leads to gas, bloating, mouth sores, bad breath, a coating on your tongue, redness, or itchy skin rashes. Too much yeast can also trigger diarrhea. It is rare, but it can infect the bloodstream and damage your brain health and vital organs such as your kidneys and heart, or could cause infection throughout your whole body.

A Yeast Allergy?

Yes. Some people are allergic to yeast in foods like bread, vinegar, beer, and some wines which can cause hives on your skin. A severe yeast allergy could make it hard to breathe or cause your throat to swell. Start taking **Natural Health Clinic Yeast Relief Formula** and start cutting out yeasty foods from your diet which cause an allergic reaction. Baked goods leavened with yeast are common culprits.

Benefits From Natural Health Clinic Yeast Relief Formula

This formula provides plenty of proteins and B vitamins, which keep your digestive system healthy and in balance. It also contributes a healthy mix of bacteria (probiotics) in your gut, which can help you absorb vitamins and minerals from food, eradicate yeast overgrowth, and even fight disease.

Yeast Relief Formula



**The right amount of probiotics in your body
helps your immune system do its job!**

Yeast Relief Formula

Saccharomyces

Helps prevent diarrhea
Stimulates immune system
Aids in gastrointestinal disorders
A probiotic normally found in your intestines

Acidophilus

Helps prevent and reduce diarrhea
A probiotic normally found in your intestines
May improve symptoms of Irritable Bowel Syndrome (IBS) such as abdominal pain and bloating

Wild Cabbage

Helps keep digestive system healthy
Contains isothiocyanates, which inhibit growth of Candida
Has antibacterial properties to support a healthy balance of good bacteria
Cruciferous vegetables such as cabbage are powerful foods that kill Candida

Black Walnut Hulls

Yeast killer
Combats IBS and leaky gut syndrome
Oxygenates the blood to kill parasites
Has anti-fungal, anti-bacterial and antiseptic properties

Pau D'Arco

Helps to clear toxic waste from the body
Has antimicrobial and anti-inflammatory properties
Able to kill off a variety of bacteria, fungi, viruses, parasites, and yeast including *Candida albicans*

Garlic

Has a long history of being one of the strongest Candida killers
Contains allicin, a compound with natural antifungal properties that inhibit growth and reproduction of Candida cells

Cinnamon

Has antifungal properties
Helps your body fight inflammation
Can do damage to yeast cells, causing them to eventually die off

Turmeric

Has antifungal, antibacterial, and antiviral activity
A powerful antioxidant and anti-inflammatory that helps boost immune system
May help diminish Candida overgrowth and various other types of fungal and yeast infections