

Stay
Healthy
Naturally



Superfood Green Multi

Just what are superfoods? Each superfood in this product is considered nutrient dense. The term “super green” refers primarily to a small group of greens from the algae and cereal grass families, which contain high levels of chlorophyll and protein, and a wide array of vitamins, minerals, enzymes, and antioxidants that are easily absorbed by the body.

Why Super Greens Should Be Part of Your Diet

High in phytonutrients (nutrients from plants) such as

- beta-carotene—vital for healthy immune system and for good bone, skin, nails and hair health
- lycopene—to improve heart health and help prevent certain cancers such as prostate
- lutein—necessary for good eye and heart health
- anthocyanins (dark plant pigments)—to maintain blood vessel health
- isoflavones (phytoestrogens)—to help lower cholesterol and prevent breast cancer
- enzymes—to help digestive process by properly breaking down food and to reduce bloating

Super Greens will benefit your overall health and wellness, boost your immune system, alkalinize your body, and give you natural, slow-release energy!

Wheatgrass

Helps prevent cell damage

- Aids digestion!
- Boosts metabolism!
- Helps eliminate toxins!

Chlorella cracked cell

A single-cell, green freshwater algae

- Makes you feel young!
- Reduces aches and pains!
- Helps get rid of heavy metals!

Spirulina

Has properties that counteract pollutants such as arsenic, fluoride, lead and mercury

- Improves gut health!
- Prevents heart disease!
- Supports mental health!

Barley Grass

Rich in antioxidants to help fight free radicals that can damage your body

- Repairs DNA!
- Reduces excess acidity!
- Detoxifies the body by releasing extra water!

Kelp

Has anti-inflammatory properties

- Protects the brain!
- Helps fight against disease!
- Possibly effective for iodine deficiency!

Spinach

High magnesium makes calcium go into bones

- Cancer prevention!
- Asthma prevention!
- Supports brain health!
- A power house for the eyes!

Alfalfa

Has high levels of vitamins and minerals

- Speeds up healing!
- Reduces inflammation!
- Improves bowel movements!
- “Father of all Foods”—a powerhouse