

*Nature Is The Answer
And Man's Enhancer*



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**MAN'S
NATURE**

The Challenge

Impotence has plagued man since time began. Prostate problems are also quite common and tend to increase with age. Prostate-related problems include prostate enlargement, incomplete and/or frequent urination, dribbling, inability to copulate, and loss of libido.

One of the most common prostate problems is BPH (benign prostatic hyperplasia), basically a swollen prostate. The older you get, the more likely you'll be dealing with this problem—especially if you do nothing about it. Some of the causes of prostate issues are the conversion of testosterone into the male hormone DHT, which can enlarge the prostate, along with the presence of too much estrogen.

The Solution

This botanical formulation is 100% food. The herbs and foods contained in **Man's Nature** have been known for centuries to help natural sexual capacity and function, and to awaken the passion of men.

This formula is also intended to supply nutrients and herbs needed to maintain and support optimal prostate and male health. For instance, zinc levels in the prostate gland are supposed to be higher than in any other soft tissue of the body, showing that zinc is highly important for prostate function. Also included are specific herbs to boost reproductive health by reducing sexual dysfunction, and to lower estrogen dominance, which causes increased fat deposits in breast and abdomen, and loss of muscle mass. Plus, **Man's Nature** helps to be a prostate cancer fighter.



Man's Nature Formula

Spearmint

- Fights bacterial infections
- Freshens breath and whitens teeth
- Helps inhibit drug-resistant herpes simplex virus type 1
- Contains menthol, which may inhibit the growth of prostate cancer
- May protect against DNA damage and cell death caused by radiation exposure

Shiitake

- Helps reduce risk of and fight prostate cancer
- High in vitamin D which is paramount for prostate health and function
- Association between vitamin D deficiency and prostate cancer is widely known
- Assists relieving enlarged prostate symptoms, prostatitis or chronic pelvic pain syndrome

Sarsaparilla

- Helps kill bacteria
- Beneficial in reducing impotence and enhancing sex drive
- Known as a potent booster of male libido since ancient times
- Compounds known as saponins may reduce joint pain and skin itching
- Boosts immunity against infections contracted during sexual intercourse, such as syphilis and gonorrhea

Broccoli

- Helps reduce loss of muscle mass
- A cruciferous vegetable high in diindolylmethane (DIM) which lowers risk of prostate cancer
- Blocks estrogen dominance which leads to sexual dysfunction, infertility, and enlarged breasts
- Contains isothiocyanate and glucoraphanin, substances which switch off genes that fuel tumor growth

Ginger

- Helps improve circulation
- Creates significant increase in sperm count of infertile men
- Powerful antibacterial and pro-inflammatory, reducing joint and muscle pain
- Contains manganese that triggers release of sex hormone testosterone, vital to sex drive

Pumpkin Seed

- Improves prostate and bladder health
- Plays a role in healthy testosterone levels
- Helps prevent baldness by stopping DHT that binds to hair follicle receptors
- High in zinc which increases sperm quality, decreases infertility, and is a powerful tumor suppressor

Stinging Nettle Root

- May aid blood sugar control
- Helps erectile dysfunction and ejaculation volume
- Contains compounds that act as natural estrogen blockers
- Acts as a natural diuretic by helping the body shed excess salt and water
- Natural DHT blocker, balances hormones which promotes hair growth in men

Tomato

- Contains lycopene which helps shrink enlarged prostate
- Improves blood flow to the penis and supports a healthy erection
- Lycopene naturally helps blood vessels relax which enhance circulation
- Lycopene has been shown to be effective in the fight against prostate cancer

Alfalfa

- Excellent for eliminating water retention
- High in chlorophyll which reduces body odor
- Helps reduce inflammation and swelling of the prostate
- Purifies blood and fights infections, including diminishing acne

Ginkgo

- Helps decrease depression
- Boosts oxygen delivery to the body
- Improves circulation to genital region
- Aids in maintaining an erection during sexual stimulation
- Enhances nitric oxide which relaxes artery walls, allowing more blood flow to the penis

Cayenne

- Boosts male libido
- Has positive effect on circulatory system
- Contains essential nutrients for a healthy sex life