

*Stay  
Healthy  
Naturally*



1-800-798-HERB



**Acerola Berries**

### **Acerola Berry Benefits**

Helps manage diabetes  
Formation of collagen, heals wounds  
Boosts immunity, digestion, cognition  
Prevents onset of age-related diseases  
High in vitamins, minerals and nutrients  
Promotes healthy cartilage, bones, teeth

### **C-Complex Contains these Herbs**

Orange Peel  
Acerola Berry

## **C-Complex**



**What is Acerola?** It is one of the richest sources of vitamin C on the planet. In fact, it far surpasses oranges in vitamin C potency! It contains over 150 phytonutrients. Acerola is a shrub or small tree that bears a delicious cherry-like fruit, which is why you usually hear the term "acerola cherry" rather than acerola berry. It thrives in the warm climates of Central America, South America, Florida, California, and Texas. As the fruit matures, it develops into bright red berries. The acerola fruit is dried and the powder is formed from the inside of the seeds. Consume this fruit to provide your body ample vitamin C to build your immune system.