



2001 W Kenosha * Broken Arrow OK 74012 * naturalhealthclinic.net
For mail order of alkaline water, real food supplements and vitamins call: 1-800-798-HERB

Introducing Alkaline Water

The Challenge

Water that is filled with contaminants, toxins & has a low pH (acidic) is the wrong kind of water. Most tap water & many bottled waters are the wrong kind of water for those reasons. What can the wrong kind of water do to you? Drink it & your body can be filled with toxins, become acidic or be robbed of essential minerals required for good health. Water that is not good for you may also contribute to premature aging & illness. Acidic water makes your body deplete its alkaline buffer to maintain pH balance. It does this by pulling calcium from the bones & elsewhere. Acidic water also causes your body to absorb toxic minerals like mercury, instead of healthy minerals like calcium. Besides toxicity & acidity (low pH), other detrimental factors from the wrong water include:

- Oxidizing – Positive ORP (Oxidation Reduction Potential) which promotes free radical tissue damage
- Hard to absorb – Large water molecule clusters must be broken down in the body
- Lacks minerals – Reverse osmosis, de-ionized & distilled waters are stripped of essential minerals which robs your body



The Solution

The water you drink has a huge impact on your health. Drink alkaline water & you reduce your chances of suffering from health problems such as high blood pressure, osteoporosis & weight gain. Why alkaline water matters – Your body maintains its blood supply in a range of 7.35–7.45 pH. Alkaline water has a higher pH that flushes toxins out through the kidneys. Plus, maintaining the proper pH balance in your kidneys has been shown to regulate metabolism to help prevent obesity, high blood pressure, high blood cholesterol, high blood sugar & kidney stones. So, cleanse your body with every glass!

Other Benefits Include

- Antioxidants – Ionized alkaline water increases antioxidant levels in the body
- Hydration – Alkaline water hydrates you better than plain water
- Detoxification – Provides gentle, effective daily body cleansing
- Bone Health – Alkaline water helps maintain bone density
- Metabolism – Raising pH supports a healthy metabolism

The Testimonies

Ray had stiff & swollen knees & now feels so much better.
Faith has so much more energy.

Ordering Information

Please call to place your order today for alkaline water at 1-800-798-4372.



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10 Reasons to Drink Alkaline Water Every Day

- Hydration
- Weight Loss
- Liver Health
- Bone Health
- Detoxification
- Digestive Health
- Balance Body pH
- Sports Performance
- Age-fighting Antioxidants
- Heart Health and Blood Pressure



\$1.00

The Life Ionizer alkaline water is not a new filtration system or a new type bottled water. Alkaline water from a water ionizer has health benefits that have been documented in studies showing above and beyond tap water or bottled water on the market.

In fact, alkaline water has been used in all major hospitals in Japan for over 50 years. Japan has one thing in mind: they work on prevention, whereas here in North America, we concentrate on treatment. That is one of the main reasons we are Number 37 in longevity and Japan is Number 1.



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Facts About The Life M7 Alkaline Water Machine



Intro Price: \$1,997 Limited Time Only

Quick Overview

The **LIFE 7700c** is the most powerful 7 plate ionizer on the market! It comes with an advanced SMPS power supply & the choice between flat or Mesh electrodes. Also, it allows for easy filter access through LIFE's newly designed & patented front sliding filter door.

The **LIFE 7700c** has proven itself as one of the most advanced ionizers on the market!

Additional Information

- Available colors - black or white
- Installation convertible - under counter or to counter-top
- Protection - Automatic Heat Sensor
- Power System SMPS (switched mode power supply)
- Ten (10) years warranty on labor - Lifetime warranty on parts
- Dimensions 15 x 13 ¾ x 6

Buy LIFE IONIZER with confidence!

- AAA+ Better Business Bureau rating
- Lifetime warranty on parts & labor for high end LIFE Ionizers
- You get the best warranty in the industry so you can buy with confidence
- You get cutting edge water filtration technology that makes your water healthier & safer
- You get pH balanced mineral water that is designed to promote optimum health with daily use

About The Life M7 Alkaline Water Machine

Advanced Features

Below are the very high tech Cleaning functions of the Life M7 Cleaning System

MESH Technology

LIFE MESH Technology Increases the antioxidant power & pH of alkaline water by as much as 15%

XL Chambers

Life's new XL chambers are triple reinforced to overcome the #1 cause of water ionizer failure: ionization chamber breakage. Life's new large XL ionization chambers increase the contact time that water has with the ionizer plates, which increases the pH & antioxidant ORP levels that Life Ionizers can produce. Life guarantees that our new M Series XL systems will out perform all other comparable ionizer models.

Huge Ultraviolet XL Sterilization System UV Light Technology

Optional LIFE exclusive technology protects you from waterborne diseases.

UV Light is EPA approved for protection from:

- Bacteria – such as the deadly e-Coli
- Cysts – such as Cryptosporidium & Giardia
- Viruses – such as Hepatitis A

Efficient Life MicroMembrane Technology

(EFT) Energy Frequency Technology energizes alkaline water with 205 potentially health-building energetic frequencies created by quantum biologists. Puts more health in every glass! Life's new high efficiency micromembranes enable our new 2018 M Series XL ionizers to reach higher pH & antioxidant ORP values than ever before. You get more acid-fighting pH balance, & more age-fighting antioxidant potential in every glass of ionized alkaline water you drink.

Molecular Hydrogen XL

Want hydrogen? Some health experts suggest that consuming hydrogen leads to many health benefits. Life's new Molecular Hydrogen XL technology enables Life to make more molecular hydrogen than all other brands of ionizers. Life's combination of XL Matrix GRID plates & XL Power Systems produce the highest levels of molecular hydrogen that a glass of ionized alkaline water can hold. Life guarantees it.

XL Power™ SMPS Electrodes (Number of Plates) 7

Combine Life's new XL Power™ supplies with XL Matrix GRID™ plates & you'll get the highest pH & antioxidant ORP levels possible. Life's high efficiency XL Power™ is perfectly matched to perform with XL Matrix GRID™ plates to produce the highest possible pH & antioxidant ORP levels with energy-saving efficiency. You get the highest levels of acid fighting alkalinity & age-fighting antioxidant potential possible. Competing ionizers can't even come close: The healthiest ionized alkaline water in the world is made by Life. Puts more antioxidant power into every glass of water you drink.

Vitamin C Ceramic Block Filter Technology

Protects you from the harmful effects of chlorine & chloramines, which have proven harmful even in tiny amounts! Protection found exclusively in LIFE Ionizers.

First Internal Filter – Coarse granular activated carbon traps sediments and begins our multi stage process to treat toxins commonly found in all tap water such as chlorine, heavy metals and pesticides.

Second Internal Filter – Our exclusive Vitamin C Ceramic Block® technology (patent pending) that specifically address chlorine and chloramines and the fine granular activated carbon work together to protect you with the highest levels of toxin reduction found in any home water ionizer.

Why Buy an Alkaline Water Machine?

How much money can be saved from no longer buying bottled water?

Bottled water can cost 2000 times as much as tap water!

At \$2.50 per liter (\$10 a gallon) bottled water costs more than gasoline!

Most of this extra bottled water cost is driven by transportation & packaging!

You can finance a LIFE IONIZER from the Natural Health Clinic for less than you are paying for bottled water!

Bottled water may not be as healthy as you think...

The EPA says some bottled water is nothing more than tap water, some of it filtered, some of it not!

Bottled waters with reverse osmosis used to “purify” actually strips essential minerals so that minerals are then added which are inorganic & may contain high levels of sodium!

Do you really know what’s in your bottled water?

According to the FDA, bottled water plants generally are assigned low priority for inspection!

As a matter of fact, tap water is actually held to higher purity standards than bottled water is in the U.S.!

The FDA does not monitor pH levels & allows fluoride to be added to bottled water!

The FDA does not require bottled water companies to disclose what contaminants have been found in it!

Two of the top selling U.S. brands--Pepsi’s Aquafina & Coke’s Dasani--admitted are purified municipal water!

Many other bottled water companies, labeling their product as “purified” or “natural spring water”, have confessed to filling their products with simple tap water!

And do you really know how safe the plastic that holds your bottled water?

Beware if that plastic water bottle is not marked “BPA-free”!

Beware if that plastic water bottle is stamped PET (or PETE) &/or has 1, 3, 6 or 7 on it!

The plastic most commonly used is polyethylene terephthalate (PET), which is a form of polyester!

And how long has that water bottled in plastic been sitting in a warehouse or storeroom before you bought it?

And then there are the environmental impacts!

Tens of billions of bottled water bottles sold each year in the U.S. end up in incinerators or landfills or lying in the street!

It’s estimated that it takes between 400 & 1,000 years for a single plastic bottle to biodegrade!

And then there’s all the petroleum & natural gas needed to make the plastic bottles--more than 1.5 million barrels of oil annually, enough to fuel some 100,000 U.S. cars for a year!

The Advantages of Alkaline Ionized Water

Made without using chemicals!

Filtered & ionized for optimum quality!

Savings: Saves a lot of money over bottled water--just pennies a gallon to make!

Purity: LIFE Ionizers custom pre-filtration purifies your water before it is ionized!

Convenience: Going often to the store for bottled water becomes a thing of the past!

Taste: Raising the pH of water with a water ionizer has been shown to improve taste!

Versatile Uses: Acidic pH = cleaning & sanitizing / 11 pH = wash veggies & raw meats
8.5-9.0 pH = drinking, cooking, making your own coffee, tea or other drinks / 7 pH = for babies to drink

If you’re concerned about water quality or expense, you will quickly find it much less expensive buying a LIFE IONIZER from the Natural Health Clinic for your home or office!

Strong Alkaline Water

pH 11.0 - 10.0

Strong alkaline water is not safe for drinking.

Uses for Strong Alkaline Water pH 11.0

- **Detergent** - Reduce detergent use due to detergent-like effect. Pour 2 - 4 gallons in with laundry & no need to use detergent.
- **Cleaning** - Great for all-purpose cleaning & due to its ability to emulsify oils, use for greasy areas on floors, kitchen countertops, bathrooms & more. Remove oily substances from hard to clean items such as the outdoor grill.
- **Sanitizing** - Great for sanitizing utensils, cutting boards, knives & dishes.
- **Stains** - Remove spots & stains. Also helps remove stubborn toilet bowl stains.
- **Pesticide Residual** - Remove pesticides & impurities from vegetables & fruits. Pesticides are often oil-based & not removed with standard water. High alkalinity water more effectively emulsifies oil, cleans oily or greasy items, strips oil-based pesticides off produce & infuses vegetables with negative ions that retard their degeneration.
- **Plant Diseases** - Kill fungi & other house & garden plant diseases. This is especially noteworthy because agriculture workers do not have to wear protective gear when applying strong alkaline water to plants.

Additional Uses for Strong Alkaline Water pH 11.0 - 10.0

Uses for pH 11.0-10.0 in Food Preparation

- **Fruits & Vegetables** - Enhances natural food flavors & improves nutrient absorption by the body. Sterilize (soak) produce 10-15 minutes to remove bitterness by decreasing food's acidity. Discard soaking water.
- **Meats** - Meats such as beef, chicken & fresh fish - sterilize (soak) for 20-30 minutes to improve taste & tenderness.
- **Cooking Beans** - Beans cook to perfection in less time! Soak beans for a shorter time before cooking.
- **Cooking Rice** - First rinse rice in pH 8.5 alkaline water & then cook that rice in pH 10.0 water to quicken cooking time, reduce damage to the rice & maintain its natural flavor.

Alkaline Water (continued)

pH 9.5 - 8.5

pH 8.5 Use this level when you first start drinking alkaline water. Drink this level for one to two weeks before progressing to **pH 9.0**. Also, **pH 8.5** is a good level for mixing with powdered milk & for those with gastroenteric issues.

pH 9.0 After drinking pH 8.5 water for one to two weeks, drink this water for one to two weeks. This is the level most adults choose to drink. This is also a good level for making tea; it enhances natural flavors & shortens steeping time. If you drink alcohol, this level of water is good to help with hangovers.

Additional Uses for Mild Alkaline Water pH 9.5 - 8.5

Household Uses for Mild Alkaline Water pH 9.5 - 8.5

- **Taste** - Safe for drinking & gives water improved taste - a lighter, sweet flavor with no unpleasant odor.
- **Ice Cubes** - Make ice cubes to improve the flavor & pH of any beverage.
- **Body pH** - Helps to balance the body's pH level.
- **Colon Cleanse** - Helps to remove accumulated waste when used with a colon cleansing unit.
- **Calcium** - With continued use, this pure water helps to replenish calcium levels.
- **Cooking** - Cook vegetables in this pure water to help maintain their nutrients & color. Great for making soups. Soups & stews will have purer flavor, lessening the need for additional seasoning such as salt.
- **Coffee & Tea** - Make coffee, tea & other drinks to enjoy a richer flavor than ever before.
- **House & Garden Plants** - Will thrive when watered with this pure water.
(Exception: acid-loving plants such as African Violets thrive with acid water)
- **Fresh Flowers** - Fill your vases with alkaline water to extend the life of most fresh cut flowers.
- **Pets & Animals** - Animals will experience increased health & energy as well as decreased body odor when drinking it.
- **Pet Care** - Bathe pets in alkaline water to emulsify dirt, oils & reduce odor. Rinse with mild acidic water.
- **Crafts** - Perfect for dyeing cloth.

Neutral Water

pH 7.0

Uses for Purified Water pH 7.0

- **Delicious** water for drinking.
- **Medication** - Recommended pH level if taking prescription drugs. Medication will be quickly absorbed, helping quicker assimilation.
- **Babies** - ideal for drinking or when preparing baby formula or food.

Mild Acid Water - "Beauty Water"

Acidic water is not safe for drinking.

pH 6.5 - 5.0

Uses for Mild Acidic Water pH 6.5 - 5.0

Astringent Effect

- **Skin** - Great for bruises, scrapes, wounds, pimples, boils, infections or other skin eruptions. Soak the infected area for 20-minute periods 2 to 3 times per day or more if desired until healed. If the area becomes & stays red, reduce the acidity-level, i.e. if using pH 6.5 switch to pH 5.0.
- **Skin Breakouts** - Helps minimize acne & skin discoloration, bumps, or rashes.
- **The Face** - Helps to make skin smooth, reduce fine wrinkles, & improve overall sheen & condition of skin.
- **Hair Care** - Use before & after shampooing to not only protect hair, but also help to minimize hair loss, relieve itchy scalp, dandruff & improve overall condition of hair.
- **Conditioner** - Use instead of a conditioning rinse to reduce tangles & give hair a healthy shine.
- **Bathing** - Add 2 - 3 gallons of acidic water into tap water in bath tub. Bathing in this water will improve the overall health & beauty of your skin & many skin conditions. Plus, acidic water will keep your tub free of rings while keeping your skin radiant.
- **Shaving** - A great natural aftershave for men & women. Helps minimize rashes caused by shaving.

Antiseptic Effect

- Use this water as an antiseptic, skin tonic or cleaner. It is able to tighten & smooth skin & is particularly effective in minimizing skin breakouts such as acne, pimples, skin discoloration, bumps or rashes.

Sterilizing Effect

- **Great for Killing Bacteria** - Helps keep the skin clean & to improve skin condition.
- **Athlete's Foot & Nail Fungus** - Excellent therapy for fungus such as athlete's foot. Use as a warm water to soak 20-30 minutes daily to speed recovery.
- **Teeth & Gums** - Regular use will help to maintain healthy teeth with whitening, sterilizing & disinfecting results & healthier gums. Effectively removes plaque from teeth.
- **Toothpaste** - Brush with acid water instead of toothpaste. Rinse with alkalized water if possible.
- **Toothbrush** - Sanitize your toothbrush by soaking for 20-30 minutes.
- **Gargling** - Prevents infection of germs by killing microbes that cause colds & tonsillitis. Gargle with acidic water several times per day to relieve sore throat. Also removes bad breath.
- **Burns** - When applied to affected area, eases the pain of burns & accelerates recovery.
- **Chapped Hands** - Speeds recovery.
- **Sunburn** - Relieves inflammation & hastens recovery.
- **Eczema** - Keeps skin clean, minimizes itching & accelerates recovery.
- **Insect Bites** - Relieves itch from mosquito bites, bee stings, poison ivy & poison oak.
- **Minor Cuts, Scratches, Abrasions** - Helps clean wounds & accelerates recovery.

Eco-Friendly Effect

- **Water Plants** - Use for acid-loving house & garden plants for optimal growth.
- **Fresh Cut Flowers** - Dip the stems in acidic water to extend freshness.
- **Clean Glass** - Substitute for glass cleaner on glass, mirrors, metallic surfaces & utensils.
- **All-Purpose Cleaner** - Clean without chemicals! Remove dirt & grime, reduce odors, & clean any surface.

Miscellaneous Uses

- **Pet Care** - Bathing your pets in mild acid water helps to prevent skin disease, itching & also leads to an overall healthier coat of fur including silky fur & healthy skin.
- **Brushing Pets** - Gives your pet soft & shiny fur when you brush them with it.

Uses For Strong Acid Water

ph 3.5

Acidic water is not safe for drinking.

Disinfectant Effect

- **Great Disinfecting Power** - This water is the strongest disinfectant of its kind! Often used by restaurants to prevent food poisoning such as e. coli, salmonella & a host of pathogens in as little as 30 seconds.
- **All-Purpose Cleaning** - Sterilize, disinfect & clean to remove germs, dirt & grime from ceramic tiles, hardwood floors & more without leaving a sticky mess behind & to prevent odors. Clean without using toxic chemicals! Put in a spray-bottle for convenient use in the kitchen & bathroom.
- **Bleaching Effect** - Has a natural bleaching action.
- **Your Home** - Sanitize your home in the most important places: bathroom & kitchen by killing germs & bacteria.
- **Dishes & Cookware** - To disinfect, wash & rinse dishes. Glasses will come out sparkling clean. Wash & rinse work surfaces, tableware, pots & pans (when soaked overnight, stains & burns are removed).
- **Knives & Cutting Boards** - Disinfect by soaking 20-30- minutes.
- **Dish Cloths & Sponges** - By soaking 20-30 minutes, fungal & bacterial growth is stopped, preventing bad smells & contamination.
- **Fabric Softener** - Soak clothes in rinse cycle before the spin cycle to soften your apparel.
- **Removing Tough Stains** - Leave clothes to soak for a full day.
- **Wash Vehicles** - Remove dirt much more easily when using acidic water.
- **Polishing** - Polish mirrors, windows and more.
- **Meat & Fish** - Soak to remove impurities.
- **First Aid** - Clean cuts, bruises & scrapes. Soak burns, psoriasis or other skin sores.
- **Hygiene** - Remove odors & disinfect toothbrush. Keep in a spray bottle to keep hands clean & sanitized.
- **Kill Viruses** - Kill HIV & other viruses such as staph, strep & Candida.

Other Useful Information

Protocol for Washing Non-Organic Fruits & Vegetables

- Washing produce with acid water will kill harmful bacteria. Clean by soaking 3-5 minutes with strong acid water (**pH 3.5**) to kill the germs without harming the healthiness of the produce.
- Then soak produce in the strongest setting you can of alkaline water (**pH 11.0**) for another 5-10 minutes. What this does is dissolve the pesticides from the surface of your produce.
- Why? Because farmers are using pesticides today that are oily so that the oily pesticides don't wash off easily in the rain. However, this makes those pesticides not easy to wash off your produce!
- Now you can counteract that by soaking your non-organic produce in strong alkaline water. The water will turn a brownish color. That's the dirt & pesticides becoming released.
- After 10 minutes, pour out that water & soak once more in some fresh alkaline water for another minute or so & they're ready to go. Washing veggies & fruits will maintain their vibrant colors & flavors.

Commercial Uses of Acid Water

- Acid ionized water with high oxidant levels (O.R.P. of +1100mV) is currently used in Japanese hospitals in the treatment of bedsores, operative wounds with complicated infections & diabetic ulcers.
- This water is sometimes referred to as "super oxide water". It is used extensively in Japan's medical facilities for the sterilization of surgical equipment & wounds.
- For the same reasons, it has been adopted by the food service industry for the sterilization of kitchen utensils & the cleaning of seafood & meats.
- In agriculture, acid ionized water is used effectively on plants to kill fungi & molds. For example, it is sprayed on sprouts, wheatgrass & germinating plants in nurseries to prevent mold. Golf courses have used it to vastly reduce their reliance on pesticides & herbicides.